

Professional Development Conference 2014

Topic: Living an Agile Life: How to Use the Values and Principles of Agile to Live a Passionate, Purpose-Filled Life

Speaker: Brian Rabon



Do you find it can be a struggle waking up every day with energy and passion for what is to come? Do you find balancing your work, personal, and family “to-do list” to be a challenge? Do you yearn for work projects that consistently succeed and leave everyone feeling great?

Agile is founded upon a set of 4 values and 12 principles. These values and principles, when applied to how we live our lives, can help us accomplish amazing things. We can; find our passion, take control of our to-do list, and succeed with products/projects at work. This keynote address will explain how you can employ some simple techniques in order to live your own Agile life.

Learning Objectives

- As a session attendee, I want to understand the role that passion plays in leading an Agile life, so that I can find or strengthen mine.
- As a session attendee, I want to demonstrate what Personal Kanban is, so that I can take back control of my personal to-do list.
- As a session attendee, I want to learn Agile tools and techniques, so that I can be more successful with my work products/projects.

Speaker Bio: Brian M. Rabon, CST, PMP is an IT professional with over 17 years of industry experience. Brian holds a Bachelor's Degree in Computer Science from Auburn University and a Master's Degree in Electrical Engineering from the University of Alabama at Birmingham's Information Engineering and Management program.

Brian is President of The Braintrust Consulting Group, a worldwide leader in Agile transformations. Through practical, hands-on training and enterprise and team coaching, Brian helps his clients learn, plan, and implement Agile processes, such as Scrum and Kanban. His goal is to teach his clients how to increase predictability of delivery, decrease time-to-market, and improve overall client satisfaction.

In addition, Brian loves teaching and is an Adjunct Instructor at University of Alabama at Birmingham where he leads clients of the Information Engineering and Management Master's Degree Program on an exciting journey through the world of Business Process Modeling and Technical Project Management.

When not in the classroom, Brian can be found around the globe evangelizing the benefits of Agile to the likes of Agile 20XX, the Project Management Institute's (PMI) many chapters, and the Scrum Alliance's Scrum Gatherings. Brian is an avid blogger, writing for his company's blog at <http://www.braintrustgroup.com/blog>. Brian is a founding member of Agile Birmingham and a past board member of PMI Birmingham and TechBirmingham.

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Feel free to contact Brian by calling him at 205.329.3794, e-mailing him at brian.rabon@braintrustgroup.com, dropping him a tweet [@braintrustgroup](https://twitter.com/braintrustgroup), or join him on LinkedIn <http://www.linkedin.com/in/bmrabon>.